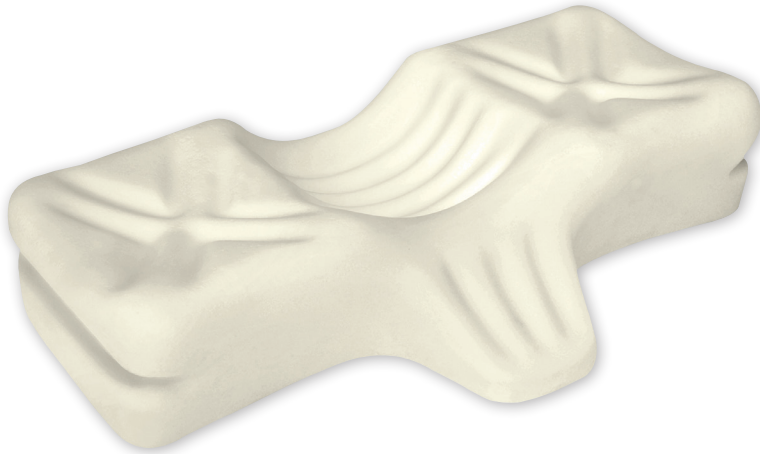


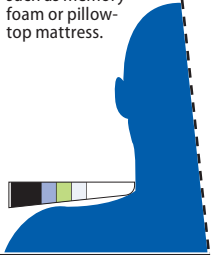
# Therapeutica<sup>®</sup>

## Sleeping Pillow

by **Core Products**  
INTERNATIONAL, INC.



Measure from the base of the neck to the outside tip of the bony prominence at the shoulder. NOTE: ignore any muscle mass beyond the bony prominence. Choose one size smaller if you measure between two sizes or sleep on a soft surface such as memory foam or pillow-top mattress.



If you are unable to print measuring guide, please use a ruler and follow the instructions below to find your correct pillow size.

1. Have someone assist in measuring you.
2. Move your shirt collar, if it interferes.
3. Stand **facing** the person who is measuring you, with arms at your side.
4. Hold the ruler level and measure from the base of the neck to the outside tip of the **bony prominence** at the shoulder. NOTE: ignore any muscle mass beyond the bony prominence. Choose one size smaller if you measure between two sizes or sleep on a soft surface such as memory foam or pillow-top mattress.

**CHILD**  
6-10 Years

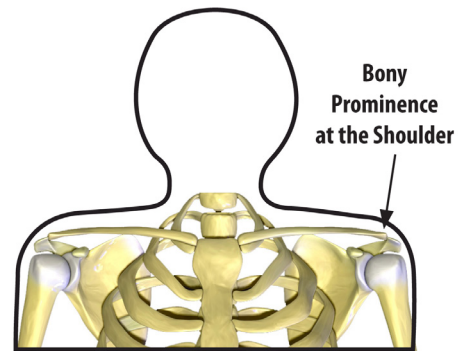
**PETITE**

**AVERAGE**

**LARGE**

**X-LARGE**

PILLOW SIZE	SHOULDER LENGTH
Child	6 - 10 yrs. old
Petite	4¼" - 5¼"
Average	5¼" - 6¼"
Large	6¼" - 7¼"
Extra Large	7¼" - Plus



**Trying is believing!** Once you have tried a Therapeutica<sup>®</sup> Sleeping Pillow, you will understand why we believe it is the most comfortable foam pillow for back and side sleeping! A restful night of sleep is waiting for you.

If you have any questions, please feel free to call our Customer Service Department at 1-800-365-3047.

Cut along the dotted line